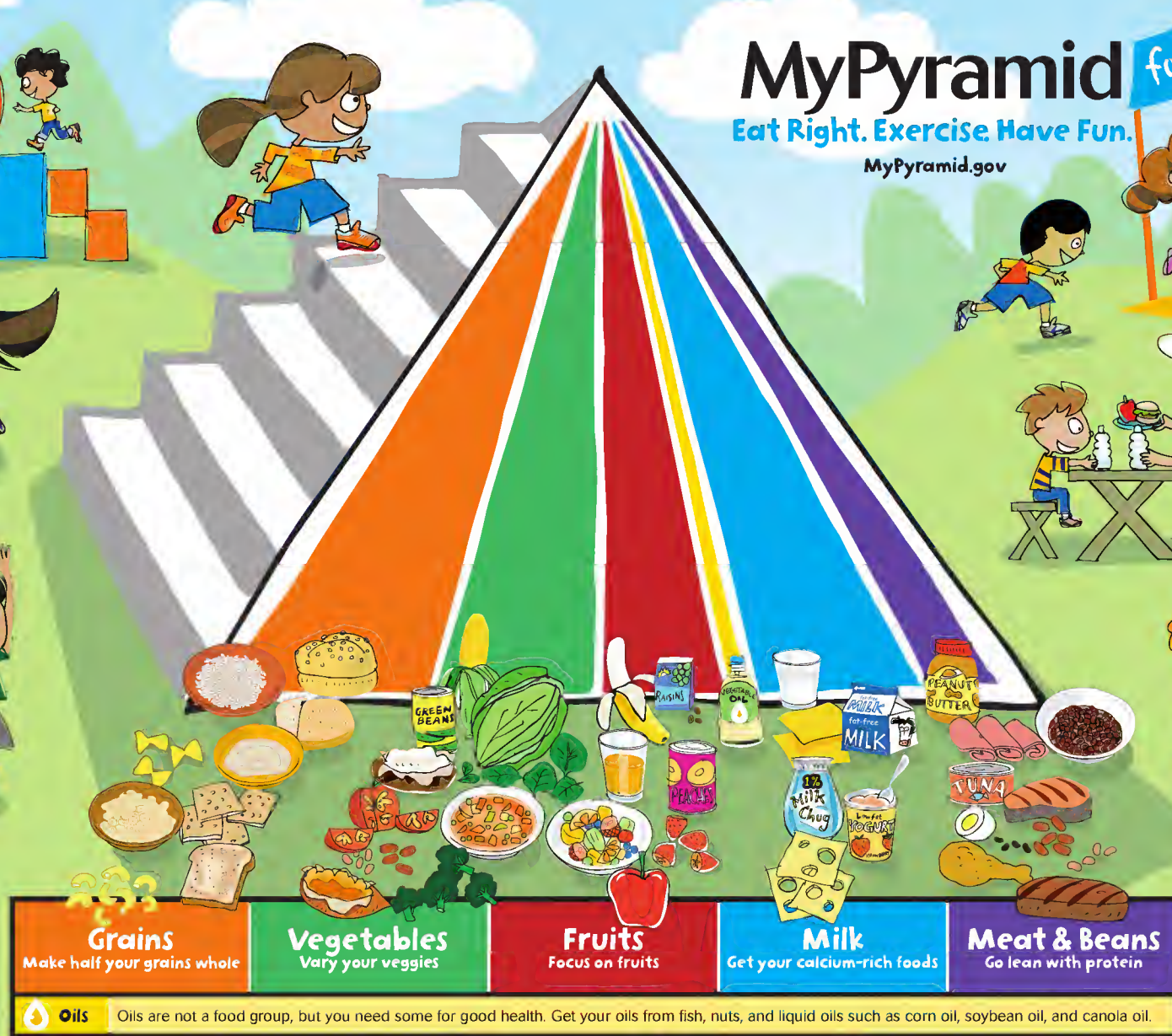


# MyPyramid for Preschoolers

Eat Right. Exercise. Have Fun.

MyPyramid.gov



Find your balance between food and fun



Fats and sugars — know your limits